

2.40pm-3.00pm	Carotid revascularization-guidelines	Dr. Shivanesan P Associate Professor CVTS, SCTIMST
3pm-3.10pm	Care of patient after carotid endarterectomy-a case study	Mr. Vijaya Krishnan R Nursing Officer, SCTIMST
3.10pm-3.20pm	Discussion	
3.20pm-3.40pm	Stroke Rehabilitation, Physiatrists Perspective	Dr. Jijo Varghese Assistant Professor Physical Medicine and Rehabilitation Dept, SCTIMST
3.40pm-3.55pm	Discharge planning-Patient and Care giver education	Mrs. Rajalakshmi VR Senior Nursing Officer, Stroke Unit, SCTIMST
3.55pm-4.10pm	Quiz	
4.10pm-4.20pm	Discussion	
4.20pm-4.30pm	Valedictory Function	

Date	Nurses	Students
Till March 5th	500/-	350/-

No spot registration

KNMC approved credit hours

Remittance of cash/NEFT Payable to Nursing conference SCTIMST
Account No. 67292219941 from any bank.

Kindly quote the transaction ID Number **IFSC Code – SBIN0070029**,
Medical College, Trivandrum

For details contact : 0471-2524216 (between 8.00 am to 4.00 pm)

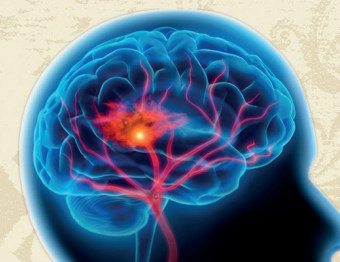
Mobile: Smitha AS(9495681110), Rajalakshmi V R(9497265809)

Email: nursingconferencesctimst@gmail.com



SREE CHITRA TIRUNAL INSTITUTE FOR MEDICAL SCIENCES AND TECHNOLOGY
THIRUVANANTHAPURAM

STATE LEVEL CONFERENCE ON COMPREHENSIVE NURSING MANAGEMENT OF STROKE



Organised by
Comprehensive Stroke Care Program

and

Nursing Service Division
SCTIMST, Thiruvananthapuram

In association with
Non Communicable Diseases (NCD) Division
DHS Kerala

Venue: AMC Auditorium, SCTIMST
Date: 15/03/2025, 8.30 - 4.30 pm



Dear colleagues,

We are pleased to extend an invitation to you for the State Level Stroke Nursing Conference, jointly organized by the Comprehensive Stroke Care Program and Nursing Service Division of Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST) Thiruvananthapuram and DHS Kerala. This conference aims to bring together healthcare professionals, stroke specialists, and nursing experts to enhance knowledge and share the latest advancements in stroke care and nursing practices. This event will offer an excellent opportunity to stay updated with the latest strategies in stroke nursing care.

Conference Highlights:

Advances in acute stroke management and rehabilitation.

Expert-led sessions on best practices in nursing care for stroke patients.

Continuing education credit hours for participants.

Patron

Dr. Sanjay Behari

Director, SCTIMST

Organising Chairpersons

Dr. Sylaja PN

Professor and Incharge Comprehensive Stroke Care Program

Mrs. Nirmala M O, Nursing Superintendent

Organising Committee

Dr. Shani S.D, Asst. Nursing Superintendent

Mrs. Anasooya R, Asst. Nursing Superintendent

Mrs. Suja Raj L, Lecturer in Nursing

Mrs. Suma Kumari, Senior Nursing Officer

Mr. Vijayakrishnan R, Nursing Officer

Organising Secretary

Mrs. Rajalakshmi VR, SNO

Mrs. Leena R K, DNS

Mrs. Visalakshy T R, Senior Nursing Officer

Mrs. Rajitha R V, Senior Nursing Officer

Mrs. Daisy Sebastian, Senior Nursing Officer

Mr. Justin M Jose, Nursing Officer

Dr. Remya M, Social Worker

Treasurer

Mrs. Smitha A S, Asst. Nursing Superintendent

PROGRAM SCHEDULE

8.30am-9.30am	Registration	
9.30am-9.50am	Emergency management of acute stroke	Dr. Dileep R Professor, Neurology, MCH, Trivandrum
9.50am-10.10am	Intravenous Thrombolysis-selection of patients	Dr. Sajith S Professor Neurology, SCTIMST
10.10am-10.30am	Mechanical Thrombectomy -when and how	Dr. Jayadevan E R Professor IS &IR, SCTIMST
10.30am-10.40am	Emergency management of acute stroke- a case study	Mrs. Meera Antony Nursing Officer, Stroke Unit, SCTIMST
10.40 am-10.50am	Discussion	
10.50 am-11.20am	Inauguration	
11.20am- 11.40am	Tea break	
11.40am-12.00pm	Setting up a Comprehensive Stroke Care Unit	Dr. Sylaja PN Professor and In charge of Comprehensive Stroke Unit, SCTIMST
12.00pm-12.15pm	Protocol based stroke unit care Hydration Pneumonia Prevention DVT Prevention	Mr. Anish Kumar Mrs. Nisha Rajagopal Mr. Justin M Jose Nursing Officers, Stroke Unit , SCTIMST
12.15-12.35pm	Demonstration National Institute of Health Stroke Scale (NIHSS)	Mrs. Sreekala EV Nursing Officer, Stroke Unit, SCTIMST
12.35-12.50 pm	Dysphagia and Swallow Assessment -Video presentation	Mrs. Vipina V P , Speech & Language Therapist, SCTIMST
12.50-1.00pm	Discussion	
1.00pm-2.00pm	Lunch break	
2.00pm-2.20pm	Intracerebral Haemorrhage-Management	Dr. Prakash Nair Additional Professor Neurosurgery, SCTIMST
2.20pm-2.40pm	Secondary prevention of stroke	Dr. Sapna Erat Sreedharan Professor, Neurology SCTIMST