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(का राष्ट्राव अन्तर पा संस्थान, letter sit प्राचानका किया, source (An Institution of National Importance, Department of Science and Technology, Government of India) देतीफोन नं./Telephone No.: 0471-2443152 फैनस/Fax: 0471-2446433, 2550728 ई-मेल/E-mail: sct@sctimst.ac.in वेबसाइट/Website: www.sctimst.ac.in

R&P Cell/SCTIMST/2024

08.02.2024

## TIME BOUND PARLIAMENT QUESTION

Sub: Lok Sabha provisionally admitted Starred/Unstarred Question diary No.3011 for Answer on 09-02-2024 regarding "Health Research for Integrated Medicine"- reg.

Inputs submitted by <u>Sree Chitra Tirunal Institute for Medical Sciences and Technology,</u> <u>Trivandrum (SCTIMST)</u>

- (a) Whether the Government has taken proposed to take any concrete steps for collaboration/cooperation in health research in the field of Integrated Medicine and if so, the details thereof along with the current status therefor:
- (b) Whether it is true that the Government has decided to conduct high quality clinical trials jointly on identified areas/disease conditions of national importance with promising therapies of AYUSH system to generate evidence for wider acceptance and if so, the details thereof;
- (c) Whether the Government is aware that apprehensions have been raised against collaboration between the Indian systems of medicine and modern system of medicine a envisaged by the Government and if so, the details thereof along with the action take thereon; and
- (d) The details of the list of institutions identified by the Government to implement collaboration/cooperation in health research across the field of Integrated Medicine in first phase?

## Ans (a) to (b):

- The comprehensive stroke care program of SCTIMST, have conducted a study titled "Ayurvedic treatment in the rehabilitation of Ischemic Stroke Patients in India: A Randomized Controlled Trial (RESTORE)". The study was funded by ICMR and completed in 2023. Principal Investigator of the study was Dr. P N Sylaja, Professor and HOD of Neurology Department.
- A pilot study was also conducted in 2021 titled "Yogic Sleep and Walking Protocol Induced Improvement in Sleep and Wellbeing in Post-menopausal Subject: A Longitudinal Case Study During COVID Lockdown" by Dr. Kamalesh K. Gulia, Scientist G, Division of Sleep Research and Dr. Sapna Erat Sreedharan, Professor of Neurology Department.
- SATYAM grant was applied and granted for the population study "Neural correlates of Yoga Nidra for management of insomnia in Peri-menopausal women" for a randomised clinical trial. Financial sanction obtained at a total cost of Rs. 46,12,720/- for a duration of 3 years. Study will start on receipt of grant.

Ans (c) to (d):

Details not available with SCTIMST.

DIRECTOR